



CREATING REVOLUTIONARY CHANGE FOR YOUNG ADULTS WITH AUTISM

QUEST FOR INDEPENDENCE

Quest for Independence is a post-secondary program for young adults with autism that helps build independence skills. The program allows participants to explore work and volunteer opportunities, develop and practice recreation/leisure skills within the community, and prepares participants and their families for the day they will leave home.

PROGRAM DETAILS

Participants work and learn together Monday through Friday, 9:30 a.m. - 3:30 p.m. in the practice apartments. Throughout the program they will participate in a variety of community activities and practice independent living and social skills.

PREPARE MEALS * KEEP HOUSE * MANAGE MONEY *
PLAN SOCIAL ENGAGEMENTS * DEVELOP VOCATIONAL SKILLS *
EXPLORE THEIR COMMUNITIES * BUILD LEISURE AND RECREATIONAL SKILLS

EXPECTED OUTCOMES

- Increased community inclusion
- Increased self-determination
- Increased self-advocacy
- Increased skills of independence
- Increased engagement in recreation and leisure opportunities

IS QUEST FOR YOU?

- Participants must be between the ages of 18 and 29
- No longer attending high school
- Learn in a 2:1 participant to staff ratio
- Be eligible for PDD funding
- Have a family that is committed to increasing their independence

ARE YOU READY?

CONTACT EWA AT INFO@CENTREFORAUTISM.AB.CA
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