

QUEST

FOR INDEPENDENCE

A post-secondary program creating revolutionary change for autistic young adults that **helps build independence skills.**



PROGRAM DETAILS

TIME & LOCATION:

Monday through Friday | 9:30 a.m. to 3:30 p.m.
At the practice apartments.

WHAT WE DO:

- Set your own goals
- Learn new kitchen skills
- Manage your money
- Plan social engagements
- Develop vocational skills
- Explore communities
- Build leisure & recreational skills

EXPECTED OUTCOMES

- ✓ Increased community inclusion.
- ✓ Increased self-determination.
- ✓ Increased self-advocacy.
- ✓ Increased skills of independence. Increased engagement in recreation and leisure opportunities.
- ✓ Goal attainment.

IS QUEST FOR YOU?

- Must be between **18 & 29** years old.
- No longer attending high school.
- Learn in a **2:1 participant-to-staff ratio.**
- Are **eligible for PDD funding.**
- Family is committed to increasing your independence.

ARE YOU READY?

Contact **Ewa** at
info@centreforautismab.ca or call
780 488 6600 ext. 240.

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