

Family 2 Family

Join our Glenrose clinicians and community partners for virtual presentations providing strategies and resources on topics that affect the quality of life for children and families.

**Sexuality Matters:
Teaching Privacy, Consent and Boundaries at Any Age**

(Replay of a previously recorded session)

Tuesday, April 23, 2024

6:30 – 8:00pm

**Supporting Social Communication Skills
Through a Neurodiversity Affirming Lens**

Wednesday, May 22, 2024

6:00 – 7:30pm

See reverse for session descriptions

To receive upcoming 2024 Family 2 Family calendars

Please contact Charlene Prochnau

at (780) 735-7999 ext 15578 or email at PFRC@ahs.ca

Sexuality Matters – Teaching Privacy, Consent and Boundaries at Any Age

The goal of this information session is to help develop the comfort, knowledge and practical skills needed for parents and caregivers to address areas of sexual health with their child. These areas may include development and puberty, hygiene, privacy, personal boundaries, relationships, consent and many more. This presentation is suitable for caregivers of children and youth with any physical, intellectual, or developmental disability.

Supporting Social Communication Skills Through a Neurodiversity Affirming Lens

Social communication is the ability to use language and non-verbal communication with others. Social interaction involves many skills such as language skills, executive functioning skills, self-regulation, and the ability to understand different perspectives. This presentation will provide an overview of the building blocks of social communication, an introduction to understanding social skills through a neurodiversity affirming lens, and strategies for parents and family members to support their children with community engagement and developing positive social relationships. *This presentation is geared towards parents or family members of children 6- 21 years old.*