

Transitions 2024

Join Glenrose clinicians and community partners for virtual presentations identifying the necessary tasks, considerations, and resources to gradually prepare for your youth's transition to adulthood.

**These sessions are most appropriate
for parents of children aged 12 years and up.**

Sexuality Matters
Teaching Privacy, Consent and Boundaries at Any Age
(Replay of previously recorded session)
Tuesday, April 23, 6:30 – 8:00pm

**Recreation and Community Connections
for People with Complex Needs**
Tuesday, May 14, 6:30 – 8:00pm

See reverse for session descriptions

For registration or receive upcoming calendars
Please call Charlene Prochnau at (780) 735-7999 ext 15578
or email at PFRC@ahs.ca

Sexuality Matters – Teaching Privacy, Consent and Boundaries at Any Age

The goal of this information session is to help develop the comfort, knowledge and practical skills needed for parents and caregivers to address areas of sexual health with their child. These areas may include development and puberty, hygiene, privacy, personal boundaries, relationships, consent and many more. This presentation is suitable for caregivers of children and youth with any physical, intellectual, or developmental disability.

Recreation and Community Connections for People with Complex Needs

This presentation created by our Recreation and Occupational Therapists will discuss recreation and leisure at home and in the community for people with complex needs.