

# Transitions 2025

Join Glenrose clinicians for virtual presentations identifying the necessary tasks, considerations, and resources to gradually prepare for your youth's transition to adulthood.

**These sessions are most appropriate  
for parents of children aged 12 years and up.**

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## **Recreation and Community Connections for People with Complex Needs**

Wednesday, April 30, 2025  
6:30 – 8:00pm

## **Sexuality Matters Teaching Privacy, Consent and Boundaries at Any Age**

*(Replay of previously recorded session)*

Wednesday, May 21, 2025  
6:30 – 8:00pm

**See reverse for session descriptions**

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**For registration or receive upcoming calendars**

Please call Charlene Prochnau at (780) 735-7999 ext 15578  
or email at [PFRC@ahs.ca](mailto:PFRC@ahs.ca)

## **Recreation and Community Connections for People with Complex Needs**

Join Glenrose Recreation Therapist, Shannell Corrodas-Kasper for this presentation created by our team of Recreation and Occupational Therapists, to discuss recreation and leisure at home and in the community for people with complex needs.

## **Sexuality Matters – Teaching Privacy, Consent and Boundaries at Any Age - Replay**

The goal of this information session is to help develop the comfort, knowledge and practical skills needed for parents and caregivers to address areas of sexual health with their child. These areas may include development and puberty, hygiene, privacy, personal boundaries, relationships, consent and many more. This presentation is suitable for caregivers of children and youth with any physical, intellectual, or developmental disability.